



SANDWICHES & BAGUETTES

SERVED
UNTIL 5pm

	Sandwiches	Baguettes
PRAWNS IN MARIE ROSE SAUCE	£8.95	£9.95
MATURE CHEDDAR CHEESE SALAD	£6.75	£7.75
HONEY ROAST HAM SALAD	£7.25	£8.25
BEEF, ONION CHUTNEY & SALAD	£7.95	£8.95
BACON, LETTUCE, TOMATO & MAYO	£6.95	£7.95
ADD CHICKEN £2.00		
MEXICAN CHICKEN, GUACAMOLE, TOMATO SALSA & SALAD	£7.25	£8.25
TUNA & RED ONION MAYONNAISE	£7.25	£8.25

ALL SERVED WITH LIGHTLY SALTED CRISPS
AND HOMEMADE SPICED COLESLAW




PANINIS

SERVED
UNTIL 5pm

- HAM & CHEESE **£8.95**
- TUNA, MAYO & CHEESE **£8.95**
- MEXICAN CHICKEN, TOMATO SALSA & CHEESE **£9.15**
- BACON, BRIE & CRANBERRY **£9.15**
- BBQ PULLED JACKFRUIT WITH VEGAN CHEESE **£9.45** 

ALL SERVED WITH LIGHTLY SALTED CRISPS,
A SALAD GARNISH AND COLESLAW

JACKET POTATOES

- PRAWN IN A MARIE ROSE SAUCE **£9.95**
- TUNA, RED ONION & MAYO **£9.25**
- BBQ PULLED JACKFRIUT WITH VEGAN CHEESE **£9.25** 
- CHEESE & BAKED BEANS **£8.95** 
- SIMPLY BUTTER **£7.95** 

ALL JACKETS ARE SERVED WITH A SALAD GARNISH AND
HOMEMADE SPICED COLESLAW

ALLERGY ADVICE: All our food is prepared in a kitchen where
nuts, gluten and other ingredients are present. If you have a
food allergy, please let us know before ordering.





Many of our dishes can be made gluten free,
please ask your waiting staff for a gluten free menu.

 Suitable for vegetarians  Suitable for vegans

DESSERTS

- STICKY TOFFEE PUDDING **£7.25**
Served warm with butterscotch sauce and clotted cream vanilla ice cream
- CLOTTED CREAM CHOCOLATE BROWNIE **£7.25**
Served warm with fudge pieces and clotted cream vanilla ice cream
- ETON MESS CHEESECAKE **£7.25**
Vanilla cheesecake topped with summer berry Eton mess and fruit coulis
- BANOFFEE WAFFLE **£7.25**
- APPLE & BLACKBERRY CRUMBLE **£7.50**
Served with a choice of custard or clotted cream vanilla ice cream
- ASSORTED SUNDAES **£7.25**
Chocolate, strawberry, honeycomb or sticky toffee
- ASSORTED 'MARSHFIELDS' DAIRY ICE CREAM
2 SCOOPS **£4.25** • 3 SCOOPS **£5.75**
Chunky chocolate, clotted cream vanilla, strawberry,
honeycomb, mint chocolate chip or caramel biscuit
- VEGAN ICE CREAM AVAILABLE ON REQUEST

SCONES & CAKES

- 2 HOMEMADE SCONES WITH FRESH CLOTTED CREAM,
STRAWBERRY JAM & A POT OF TEA FOR ONE **£7.75** 
- OR MAKE IT A SPARKLING CREAM TEA AND SWAP TEA FOR PROSECCO **£14.75**
- HOMEMADE SCONE WITH FRESH CLOTTED CREAM
& STRAWBERRY JAM **£4.50** 
- HOMEMADE SCONE WITH BUTTER **£3.50** 
- TOASTED TEACAKE **£3.00** 



We pride ourselves on supporting local businesses and reducing
our carbon footprint by using local suppliers wherever possible.

DRINKS

- POT OF TEA **£2.45**
- HERBAL TEA **£2.75**
- HOT CHOCOLATE **£3.60**
Made with dark chocolate flakes
- DELUXE HOT CHOCOLATE **£4.60**
With whipped cream and marshmallows
- LUSCOMBE BOTTLES **£3.75**
Elderflower, sparkling citrus or ginger beer
- SOFT DRINKS - SMALL **£2.40** • LARGE **£3.10**
Coke, Diet Coke, Fanta or lemonade
- J20 BOTTLES **£3.75**
Orange and passion fruit
- MILKSHAKES **£4.95**
Chocolate, strawberry or banana
- ORANGE OR APPLE JUICE **£2.35**

KIDS DRINKS

- ORANGE OR BLACKCURRANT SQUASH **£1.65**
- JUICE DRINK CARTONS **£1.85**
- FRESH MILK **£2.00**

BARISTA COFFEE

- AMERICANO - SMALL **£2.65** • LARGE **£3.25**
- LATTE - SMALL **£2.95** • LARGE **£3.60**
- CAPPUCCINO - SMALL **£2.95** • LARGE **£3.60**
- FLAT WHITE **£3.25**
- MOCHA - SMALL **£3.00** • LARGE **£3.65**
- ESPRESSO - SMALL **£2.25** • LARGE **£2.65**
- ICED LATTE / MOCHA **£3.95**

COFFEE SYRUPS ARE AVAILABLE ON REQUEST

PLEASE SEE OUR ALCOHOL MENU FOR OUR
SELECTION OF WINES, SPIRITS AND BEERS

SHARING STARTER PLATTERS

SEAFOOD PLATTER £20.95

Garlic and lime king prawns, salt and pepper calamari, breaded whitebait, smoked mackerel pâté with garlic mayo, sweet chilli sauce, gooseberry compote and a crusty baguette

VEGAN ANTIPASTO £15.95

Roasted Mediterranean vegetables, olives, sun-blushed tomatoes, artichokes, homemade hummus, mixed salad and a crusty baguette

STARTERS

SOUP OF THE DAY £7.45

Homemade soup with a crusty baguette

HALF PINT OF PRAWNS £9.25

A throw-back to the 80s. A glass of head-on coldwater prawns, served with a crusty baguette and Marie Rose sauce.

FRESH LOCAL MUSSELS £9.75

Freshly steamed, locally caught mussels with a choice of white wine and garlic or a daily special sauce

GARLIC & LIME KING PRAWNS £9.75

Grilled head-on king prawns in a garlic and lime marinade, served with a crusty baguette

CRISPY CALAMARI £8.45

Salt and pepper calamari with a homemade Baja dipping sauce

MACARONI CHEESE & CHIVE BITES £7.95

With sun-dried tomato mayonnaise

SMOKED MACKEREL PÂTÉ £7.95

With gooseberry compote and crusty baguette

SIDES

GARLIC BREAD £4.45

CHEESY GARLIC BREAD £5.45

CHUNKY CHIPS £4.45

SKINNY FRIES £4.45

CHEESY CHIPS £5.45

BATTERED ONION RINGS £4.75

BUTTERY MASHED POTATO £4.25

SIDE SALAD £4.25

HOMEMADE BANG BANG COLESLAW £3.50

MARINATED OLIVES £4.25

LOADED FRIES £6.95

Fries loaded with crispy bacon pieces and cheese sauce

BURGERS

THE DEEP SOUTH £15.50

A succulent southern fried spiced chicken burger with hot barbecue sauce

THE ADMIRAL £15.50

6oz prime beef burger with three cheese sauce, topped with bacon

THE HOT 'N' BLUE £15.50

6oz prime beef burger with Stilton and lashings of peppercorn sauce

THE SPICY ALLIUM £15.50

An onion bhaji burger with paneer cheese, mango chutney and mint yoghurt sauce

THE SURFER £15.50

Catch of the day in a local ale batter topped with homemade tartare sauce

ADD BACON £1.50 ADD ONION RINGS £1.45

ADD BBQ PULLED PORK £2.95

UPGRADE TO LOADED FRIES £2.50

Fries loaded with crispy bacon pieces and cheese sauce

ALL BURGERS COME IN A HOBBS HOUSE BAKERY BUN, TOPPED WITH SALAD AND SERVED WITH FRIES AND BANG BANG COLESLAW

PASTA & CURRY

BEEF BOLOGNESE PAPPARDELLE £15.95

A rich red wine bolognese, using local Devon beef tossed with ribbons of durum wheat pasta, topped with grated Cheddar

BABY SCALLOPS, BACON & LEEK TAGLIATELLE £17.95

A Manx specialty of Queenie scallops, bacon and leeks in a garlic and white wine sauce, tossed with durum wheat tagliatelle

ROAST CHICKEN & SPANISH CHORIZO TAGLIATELLE £17.25

Succulent chicken and chorizo pieces with a white wine and cream sauce, tossed with durum wheat tagliatelle

THAI GREEN CURRY £15.20

Served with fragrant rice and prawn crackers

ADD CHICKEN £2.45 ADD KING PRAWNS £3.25

CAPTAIN'S MAC 'N' CHEESE £15.20

Durum wheat macaroni in our three cheese sauce, topped with melted mature Cheddar and served with fresh ciabatta

ADD BBQ PULLED PORK £2.95 ADD BBQ PULLED JACKFRUIT £2.95 

SALADS

GOATS CHEESE WITH ROASTED BEETROOT SALAD £14.95

Grilled goats cheese on a dressed mixed salad with roasted beetroot wedges

MEXICAN SPICED CHICKEN SALAD £16.95

Freshly dressed mixed salad, topped with grilled Mexican spiced chicken and fresh guacamole

CAPTAIN'S HOUSE SALAD £14.50

Feta, olives, green beans and beetroot on a bed of rocket, baby leaf and spinach with red onion, cucumber and tomato

CAPTAIN'S FAVOURITES

BATTERED FISH & CHIPS £16.45

Catch of the day in a light local ale batter with chunky chips, mushy peas and homemade tartare sauce

WHOLETAIL SCAMPI £15.25

Wholetail scampi in crispy golden breadcrumbs with chunky chips, mushy peas and homemade tartare sauce

VEGAN 'FISH' & CHIPS £15.25

Banana blossom in a light local ale batter with chunky chips, mushy peas and homemade tartare sauce

DEVON FISH PIE £16.95

A selection of locally caught fish in a white wine sauce, topped with buttered mashed potatoes and served with buttered vegetables

FRESH LOCAL MUSSELS £18.95

Freshly steamed, locally caught mussels with a choice of white wine and garlic or a daily special sauce, served with garlic bread

ADD FRIES TO DUNK £2.25

PAN SEARED SEABASS £19.50

Seabass fillets on a bed of sautéed potatoes and roast Mediterranean vegetables with a basil pesto sauce

STEAK & ALE PIE £16.95

Slow cooked chunks of Devon beef in a local ale gravy, served with mashed potato and buttered seasonal vegetables

BUTTERNUT SQUASH, SPINACH & FETA PIE £15.95

A homemade mix of local butternut squash and spinach with creamy feta cheese, served with mashed potato, buttered vegetables and vegetarian gravy

10oz GAMMON STEAK £16.95

Prime butchers gammon steak with fresh pineapple, a fried egg and chunky chips

SURFER'S BIG BRUNCH £14.45

2 pork sausages, 2 rashers of best back bacon, 2 hash browns, mushrooms, 2 fried eggs, tomato, fried bread, baked beans and chunky chips

SERVED UNTIL 3PM

KID'S STUFF

FISH GOUJONS £8.95

VEGAN 'FISH' GOUJONS £8.95

2 PORK SAUSAGES £8.95

MINI BEEF BURGER £8.95

BREADED CHICKEN STRIPS £8.95

ALL OF THE ABOVE CAN BE SERVED WITH EITHER FRIES, HALF A JACKET OR MASHED POTATOES AND EITHER BAKED BEANS, PEAS OR SALAD

MAC 'N' CHEESE £8.95

BEEF BOLOGNESE PAPPARDELLE £8.95