



CAPTAIN'S TABLE

MENU

DRINKS

POT OF TEA **£2.35**

HOT CHOCOLATE **£3.10**

With dark chocolate flakes

DELUXE HOT CHOCOLATE **£4.10**

With whipped cream and marshmallows

SOFT DRINKS - SMALL **£2.15** • LARGE **£2.85**

Coke, Coke Zero, Lemonade, Sunkist, Vimto, Elderflower or Orange and Passionfruit

MILKSHAKES **£3.25**

Chocolate, strawberry, banana or vanilla

ORANGE OR APPLE JUICE **£1.85**

KIDS DRINKS

ORANGE OR BLACKCURRANT SQUASH **£1.65**

CAWSTON PRESS CARTONS **£1.75**

Summer berries or apple and pear

FRESH MILK **£1.60**

BARISTA COFFEE

FILTER - SMALL **£1.95** • LARGE **£2.65**

AMERICANO - SMALL **£2.45** • LARGE **£3.15**

LATTE - SMALL **£2.95** • LARGE **£3.50**

CAPPUCCINO - SMALL **£2.85** • LARGE **£3.50**

FLAT WHITE **£2.85**

MOCHA - SMALL **£2.95** • LARGE **£3.50**

ESPRESSO - SMALL **£1.85** • LARGE **£2.35**

PLEASE SEE OUR ALCOHOL MENU FOR OUR
SELECTION OF WINES, SPIRITS AND BEERS

CAPTAIN'S FAVOURITES

FRESHLY BEER BATTERED COD **£14.50**

Cod fillet in a light beer batter with chunky chips, mushy peas and homemade tartare sauce

VEGAN 'FISH' & CHIPS **£13.95**

Banana blossom in a light beer batter with chunky chips, mushy peas and homemade tartare sauce

DEVON FISH PIE **£13.95**

Chunks of salmon, cod and smoked haddock with Atlantic prawns, served with buttered seasonal vegetables

FRESH LOCAL MUSSELS **£14.95**

Fresh mussels in a cider and chorizo sauce with crusty bread and a side salad

FRESH FILLET OF SEA BASS **£17.50**

Fillet of sea bass topped with a crab and seaweed crust, mini roast potatoes and Mediterranean vegetables

STEAK & EXMOOR ALE PIE **£13.95**

Steak and Exmoor ale pie with mash potato and buttered seasonal vegetables

SURFER'S BIG BRUNCH **£11.95**

2 pork sausages, 2 rashers of best back bacon, 2 hash browns, a flat mushroom, a free range fried egg, fried bread, baked beans and chunky chips

ALL CAPTAIN'S FAVOURITES & THE SURFER'S BIG BRUNCH IS SERVED UNTIL 3PM

PASTA & CURRY

DEVON CRAB LINGUINE **£14.50**

Flakes of fresh crab in a marinara sauce, tossed over linguine with chilli and parsley

KATSU CURRY **£14.50**

Chicken fillet in crispy panko breadcrumbs in an aromatic katsu curry sauce with sticky white rice and Japanese pickles

OR MAKE IT VEGAN AND SWAP CHICKEN FOR TOFU 

CAPTAIN'S MAC 'N' CHEESE **£12.95**

Macaroni pasta in a cheesy sauce topped with melted Cheddar cheese with a side of garlic bread and chorizo chutney

SALADS

HAM SALAD **£11.95**

Carved ham on a bed of rocket, beetroot and spinach leaves, with red onion, cucumber and tomatoes

CHICKEN CAESER SALAD **£12.95**

Sliced chicken fillet and anchovies with sourdough croutons, romaine lettuce, grana Padano cheese shavings and Caesar dressing

AUTHENTIC GREEK SALAD **£11.95**

Feta and olives on a bed of rocket, beetroot and spinach leaves, with red onion, cucumber and tomatoes

FROM THE GRILL

8oz RUMP STEAK **£21.95**

Rump steak with roasted tomato, Portobello mushroom, peppercorn sauce and chunky chips

SURF & TURF **£21.95**

5oz aged rump steak and sticky chilli and garlic tiger prawns with roasted tomato, Portobello mushroom, peppercorn sauce and chunky chips

10oz GAMMON STEAK **£15.95**

Gammon steak with fresh grilled pineapple, a fried egg, chunky chips and a side salad

BURGERS

HALLOUMI & PORTOBELLO MUSHROOM **£13.95** V

Panko breaded halloumi and Portobello mushroom, topped with chilli jam, in a brioche bun with salad

6oz CAPTAIN'S BEEF BURGER **£13.95**

100% beef burger topped with homemade chilli jam, in a brioche bun with salad

QUARTER POUNDER VEGAN BURGER **£14.95** V

Moving Mountains vegan burger in a brioche bun with vegan 'cheese' and salad

6oz CHICKEN BURGER **£13.95**

100% chicken breast fillet with perinaise sauce, in a brioche bun with salad

ADD BACON OR CHEESE TO YOUR BURGER FOR **£1.00**

ALL BURGERS ARE SERVED WITH
CHUNKY CHIPS AND HOMEMADE COLESLAW

KID'S STUFF

HAM & EGG **£6.50**

WHOLETAIL SCAMPI **£6.50**

BREADED CHICKEN STRIPS **£6.50**

MINI BURGER **£6.75**

2 BUTCHERS PORK SAUSAGES **£6.50**

ALL THE ABOVE CAN BE SERVED WITH EITHER
CHUNKY CHIPS, HALF A JACKET OR NEW POTATOES,
AND EITHER BAKED BEANS, PEAS OR SALAD

CAPTAIN'S MAC 'N' CHEESE **£6.75** V

Macaroni pasta in a cheesy sauce, topped with melted Cheddar cheese, with a side of garlic bread

FRESHLY COOKED PASTA SHELLS **£6.25** V

Pasta shells in a tomato sauce with garlic bread

SANDWICHES & BAGUETTES

SERVED
UNTIL 5pm

	Sandwiches	Baguettes
SEARED STEAK WITH ONION JAM	£6.95	£7.95
FRESH DEVON CRAB	£6.95	£7.95
PRAWN & SMOKED SALMON	£6.95	£7.95
CHICKEN, SMOKED BACON & SWEETCORN	£6.50	£7.50
TUNA, SWEETCORN & MAYO	£5.75	£6.75
BLT & MAYO	£5.75	£6.75
BACON	£5.50	£6.50
CORONATION CHICKEN	£5.50	£6.50
HAM SALAD	£5.50	£6.50
HAM & TOMATO	£5.50	£6.50
CHEESE & TOMATO 	£5.00	£6.00
CHEESE & ONION 	£5.00	£6.00

ALL SERVED WITH LIGHTLY SALTED CRISPS
AND A SALAD GARNISH

TOASTED SANDWICHES

HAM, CHEESE & PINEAPPLE **£5.95**

BACON **£5.95**

HAM & CHEESE **£5.75**

HAM & TOMATO **£5.75**

HAM **£5.75**

CHEESE & PINEAPPLE **£5.75** 

CHEESE & TOMATO **£5.75** 

CHEESE & ONION **£5.75** 

ALL SERVED WITH LIGHTLY SALTED CRISPS
AND A SALAD GARNISH

PANINIS

BACON, BRIE & CRANBERRY **£8.50**

TUNA, MAYO & CHEESE **£8.50**

HAM, CHEESE & PINEAPPLE **£8.50**

ALL SERVED WITH LIGHTLY SALTED CRISPS,
A SALAD GARNISH AND COLESLAW

ALLERGY ADVICE: All our food is prepared in a kitchen where nuts, gluten and other ingredients are present. If you have a food allergy, please let us know before ordering.

Many of our dishes can be made gluten free,
please ask your waiting staff for a gluten free menu.

 Suitable for vegetarians  Suitable for vegans

SHARING PLATTERS

PLOUGHMANS **£12.50**

A selection of charcuterie meats, red Leicester cheese, Cheddar cheese and pickles with flatbread

SEAFOOD PLATTER **£14.95**

Devon crab, chilli and garlic tiger prawns, hot smoked salmon, crispy calamari and whitebait with flatbread and homemade tartare sauce

VEGAN ANTIPASTO **£11.95**

Roasted vegetables, olives, aubergine caviar, sun-blushed tomatoes and artichoke with homemade hummus and flatbread

STARTERS

SOUP OF THE DAY **£6.25**

Homemade soup with crusty bread

CLASSIC PRAWN COCKTAIL **£6.95**

Atlantic prawns with romaine lettuce and tomatoes in a Marie Rose sauce

HOMEMADE SCOTCH EGG **£7.95**

Free range egg in panko breadcrumbs with chorizo chutney

CRISPY CALAMARI **£6.95**

Pan-fried calamari with a lime slice and chilli jam

CRISPY WHITEBAIT **£6.95**

Pan-fried whitebait with lemon and homemade tartare sauce

MUSSELS **£7.95**

Fresh local mussels in a white wine and garlic butter

JACKET POTATOES

PRAWN & SMOKED SALMON IN A MARIE ROSE SAUCE **£9.50**

TUNA, SWEETCORN & MAYO **£8.25**

RATATOUILLE & OLIVES **£8.25**

CHEESE & BAKED BEANS **£7.95**

SIMPLY BUTTER **£7.50**

ALL JACKETS ARE SERVED WITH A SALAD GARNISH AND COLESLAW

SIDES

PORTION OF CHUNKY CHIPS **£3.75**

CHEESY CHIPS **£4.75**

ONION RINGS WITH A SWEET CHILLI DIP **£3.75**

OLIVES **£2.95**

SIDE SALAD **£3.95**

GARLIC BREAD **£3.00**

CHEESY GARLIC BREAD **£4.00**

HOMEMADE COLESLAW **£1.50**

SEASONAL VEGETABLES **£3.95**

DESSERTS

CHEESECAKE **£6.25**

Please ask your waiting staff for today's flavour

STICKY TOFFEE PUDDING **£6.95**

Toffee flavoured sponge with toffee sauce and vanilla bean ice cream

VEGAN CHEESECAKE **£6.95**

Please ask your waiting staff for today's flavour

LEMON TART **£6.25**

Tangy lemon on a shortcrust pastry base with clotted cream

CRÈME BRÛLÉE **£5.95**

Baked vanilla custard with buttery shortbread

BANOFFEE WAFFLE **£6.95**

Belgian waffle with chunks of banana, butterscotch sauce and whipped cream

APPLE & BLUEBERRY CRUMBLE **£6.95**

Baked apples and blueberries topped with crunchy crumble and warm vanilla custard

ASSORTED SUNDAES **£6.50**

Chocolate, strawberry, chocolate brownie or honeycomb

ASSORTED YARDE FARM ICE CREAM 2 SCOOPS **£3.95** • 3 SCOOPS **£4.95**

Chunky chocolate, clotted cream vanilla, strawberries and cream, heavenly honeycomb, blackcurrant and clotted cream, toffee fudge, mint chocolate chip, salted caramel or Lotus biscoff

SEVERAL DESSERTS CAN BE MADE VEGAN,
PLEASE ASK YOUR WAITING STAFF

SCONES & CAKES

2 HOMEMADE SCONES, FRESH CLOTTED CREAM,
STRAWBERRY JAM & A POT OF TEA FOR ONE **£6.25** 

HOMEMADE SCONE WITH FRESH CLOTTED CREAM
& STRAWBERRY JAM **£3.25** 

OR MAKE IT A SPARKLING CREAM TEA AND SWAP TEA FOR PROSECCO **£11.95**

HOMEMADE SCONE WITH BUTTER **£2.50** 

TOASTED TEACAKE **£2.75** 

